

Activity 14

Three Questions



Think about your own health, or the health of the person you care about and are responsible for. Think about the symptoms you described.

“Take it With You” Script

Here are 3 questions to ask your doctor or health care provider—whatever the reason for your visit. Take the questions with you on your next visit to be sure you get the information you need. It’s okay to take them out during your visit—you can read them right off the paper or your phone.



Try This

Work with a partner, or if you like, work on your own.

Read the 3 questions aloud. Add your own questions.

If you are working with a partner, take turns being the doctor or health care provider and the person asking the questions.

1. **What** is my health problem?
2. **What** do I need to do?
3. **Why** do I need to do this?*

** It’s Safe to Ask, Manitoba Institute for Patient Safety*



Going to get a health problem checked out?

Figure out your questions ahead of time so you're ready.

What do you want to know?

A Place for Your Notes:
